

**Course Name: Standard First Aid**

**Duration:** 2.00

**CEUs:** 0.20

**Description:**

This is a course for the general community desiring national CPR/AED and Standard (Basic) First Aid certification at the community level. The course is a comprehensive educational program promoting objective driven and performance-based training that has an integrated curriculum. The curriculum's first aid component includes training in scene and victim assessment, caring for injuries, caring for medical emergencies, injury prevention, and emergency moves. The curriculum's CPR component includes training in adult and pediatric CPR, using an automated external defibrillation (AED), caring for airway obstruction, and preventing and caring for heart attack and stroke. This course satisfies the required medical content defined by the Occupational Safety and Health Administration (OSHA) for workplace CPR/AED & Standard First Aid training. The course is ideal for individuals seeking certification for job requirements, as well as those just desiring to learn lifesaving skills and information. This hands-on course covers content defined by the International Liaison Committee on Resuscitation (ILCOR), and promulgated through the publication of the most current "CPR and ECC Guidelines" by the American Heart Association. Students receive the most current content through a variety of educational methods and must practice the required lifesaving skills on manikins and through simulations, drills and exercises to earn certification cards.

**Evaluation:**

Students must attend the entire 2 hour course, completing all required course skills satisfactorily. Skills are practiced and remediated using detailed skill performance sheets required to be mastered for certification. Team management simulations are also utilized. A final written group cognitive assessment is provided that tests the lesson objectives, is consistent with the OSHA/ILCOR content, and similar in structure, detail, and format of other national training organizations (e.g. American Heart Association).

**Note:** Participant records are updated within fifteen (15) days after the last scheduled class for the program. You may access your updated training record after receiving an invitation via SMS/email from Ellis Education Services to complete a class evaluation survey. Upon completion of the class evaluation survey, you will be able to:

1. View your updated student record with the completed class listing
2. Access your training credential (certificate / license)
3. Purchase any eligible CEUs associated with the program
4. Access and print a copy of your updated training record showing all training history and CEUs by using the Print Screen feature in the Portal

**Outcomes:**

Participants will be able to:

1. Describe basic life support and identify legal considerations when providing emergency care
2. Recognize examples for medical conditions that require the need to call 911 for emergency services.
3. List steps to take for preventing disease prevention when rendering first aid care.
4. Identify dangers at the scene of an emergency.
5. Describe the purpose and give the steps how to conduct a primary and secondary check to assess a victim.
6. Identify various injuries and demonstrate the proper steps to render care.
7. Identify life threatening medical emergencies and demonstrate the proper steps to render care.
8. Explain how to safely rescue a victim from dangerous environments involving confined space, hazardous materials, electricity, smoke, fire, water, and ice.
9. Prioritize care in situations where there are more victims than rescuers.

10. Demonstrate how to safely move victims in emergency situations.

**Expectations:**

Students can expect to:

1. Participate in a well structured, engaging course that blends cognitive and practical skills required for certification at the layperson level of "standard (basic) first aid training.
2. Master the content required for certification at this level of training.

**Suggested preparation:**

Students should follow these guidelines in preparation for the class:

1. Be on time. You may not be permitted to enter the class once it is underway.
2. Wear comfortable clothing. The class requires physical exertion.
3. Bring a device for the purpose of keeping notes.
4. Review your course textbook prior to attending the class whenever possible.
5. Be attentive and participate in all activities.
6. Be prepared to take a practical examination and participate in a group cognitive review.