



ELLIS & ASSOCIATES

International Aquatic Safety & Risk Management Consultants

Course Syllabus

Course Name:

Water Safety Plus

Course Description:

This course is designed for individuals who are **not lifeguards** but yet work in an aquatic facility and may be responsible for responding to assist with aquatic emergencies. The course provides candidates with basic knowledge and skills to be effective when working as a supplemental responder with a lifeguard or lifeguard team, and provide an overview of Aquatic Risk Management practices for those working at unguarded facilities. Students in this course will gain a basic understanding of how to assist a trained lifeguard during an aquatic emergency, and best practices for those working at unguarded facilities. Topics reviewed in this course include basic risk management practices, how important the supplemental responder role is to a facility's overall emergency action plan and risk management, the importance of quality documentation as it relates to risk management for an aquatic facility, and how to work closely with EMS officials during emergencies. Enrolled students will actively participate in practical exercises. This course is not a stand-alone lifeguard course and does not certify lifeguard candidates. Ideal candidates for this course are persons working in aquatic facilities that are not certified lifeguards, however, they find themselves in a position where they are accountable and responsible to respond to aquatic incidents in their facility as part of their emergency action plan. This would include therapists, pool attendants, recreation aides, teachers, instructors, coaches, volunteers, home/residents owners, front desk staff, maintenance, security, and Sports & Leisure personnel among others.

Prerequisites:

Candidates should:

- Possess a current Health Care Provider Level CPR or layperson CPR/ AED Course Completion Certificate prior to participating in Water Safety Plus.
 - Be comfortable in and around the water, be reasonably healthy, and willing and able to perform the skills presented in this course
 - Have basic swimming abilities
 - Be able to demonstrate the ability to safely enter and exit the pool or aquatic attraction at any point around the perimeter of the pool with and without the use of stairs or a ladder.
 - Be able to demonstrate the ability to recover an object from the bottom of the deepest part of the pool or aquatic venue
 - Be able to swim the length (longest distance) of the applicable pool or aquatic venue
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Outcomes:

Students will be able to

1. Define basic Aquatic Risk Management concepts, duties, and best practices and list hazards commonly found at an Aquatic Facility.
2. Identify common prevention strategies for eliminating or reducing risk at an Aquatic Facility.
3. Prepare a written Supervision Plan for an Aquatic Facility.
4. Formulate and/or Evaluate an Emergency Action Plan (EAP) for an Aquatic Facility.
5. Describe how to recognize aquatic and non-aquatic emergencies at an Aquatic Facility
6. Manage aquatic and non-aquatic emergencies until EMS arrives in a supplemental responder role.
7. Formulate a comprehensive plan for proactive guest protection based on the basic principles of risk

management.

8. Identify and practice using standard aquatic safety equipment.

Evaluation:

Students will be evaluated by their participation in practical exercises, simulations, discussion with questions and answers. And lastly students must achieve an 80% score or higher on a written test with questions that have multiple choice answers.

Note: Student records are updated within fifteen (15) days after the last scheduled class for the course.

Students may access an updated training record when receiving an invitation to take a course evaluation survey by logging into the Ellis Education Services Portal. Immediately after a course is over, participants will receive an email from Ellis Education inviting them to complete a course evaluation survey. When the course evaluation survey is completed participants will be able to:

1. See their completed course grade on their personalized profile/ training record
2. Access and download a copy of their credential (certificate/license).
3. Access and download an updated transcript showing their training record, grades, and any eligible Continuing Education Units (CEUs) for the course.

Time Standard:

8

CEU Record & Units:

.8 IACET CE

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