



ELLIS & ASSOCIATES

International Aquatic Safety & Risk Management Consultants

Course Syllabus

Course Name:

vanGUARD Traditional

Course Description:

vanGUARD Aquatic Leadership is an aquatics facility supervisor course designed to develop lifeguard supervisors and meet the Model Aquatic Health Code Section 6.2.2. Lifeguard Supervisor Training Elements requirements. The course is a hands-on, interactive class filled with exercises, drills and practical simulated situations that develop and enhance knowledge in aquatics management skills. Students will be working in the pool for some class exercises and in roleplaying exercises in an aquatic facility. The course covers important themes such as the role of the aquatic facility supervisor, being preventative to reduce risks and mitigate health and safety hazards in an aquatic facility and applying four critical actions when supervisors respond to emergencies in an aquatic facility. Students will learn how to inspect emergency rescue equipment, develop and evaluate lifeguard zone of protection® areas and hold lifeguards accountable to maintaining a standard of care in those zone of protection® areas with E&A's zone validation® process. Students will recall human factors that impact water quality and clarity upkeep and identify support techniques that supervisors and lifeguards can apply to reduce risks and mitigate health and safety hazards. Active participation is required in both classroom exercises and activities in the aquatic facility. Students shall complete their chapter review assessments and actively participate in all sessions for successful course completion.

Prerequisites:

1. Persons enrolling in vanGUARD: Aquatics Leadership Blended Course should be at least 18 years of age.
 2. Candidates must possess a current or past lifeguard course credential and have at least 3 months of lifeguarding experience.
 3. Students must be able to speak English verbally.
 4. Course tuition fee must be paid in full before the beginning of the first scheduled date of the class.
 5. Students must possess access to the course materials (electronic student workbook & eBook) prior to being admitted into the course.
 6. Students will need access to a desktop computer, laptop computer, or tablet with internet internet access to download course materials.
 7. Students laptop computers, desktop computers or tablets must possess Adobe PDF Reader to obtain course materials.
 8. Prior certification in lifeguarding and / or in First Aid and Healthcare Provider level CPR/AED training will enhance the learning experience in some modules that directly relate to skills in the aforementioned training program.
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Outcomes:

Students will be able to

1. Explain the various responsibilities of the aquatics facility supervisor.
2. Describe how the 10/20 Protection Standard™ and lifeguard scanning can reduce risks and mitigate health and safety hazards.
3. Identify how to design and evaluate lifeguard Zone of Protection® area(s) for an aquatic venue applying E&A's Zone Validation® process.
4. Apply basic safety approaches to everyday situations to be preventative and reduce overall facility risks.
5. Recall the factors that impact water chemistry and clarity.

6. Recognize methods to support water quality upkeep as an aquatic facility supervisor.
 7. Interpret how to use human senses to evaluate potential pool water quality issues to reduce risks and eliminate hazards.
 8. List three ways to effectively train lifeguard accountability.
 9. Apply the four critical actions that supervisors perform during facility emergencies.
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Evaluation:

- Attending all scheduled sessions
- Successful demonstration of skills through participation in exercises, games, and activities.
- Completion of Learning Portfolios for each chapter.

- Satisfactory performance of role plays, emergency simulations, drills and exercises

Note: Student records are updated within fifteen (15) days after the last scheduled class for the course.

Students may access an updated training record when receiving an invitation to take a course evaluation survey by logging into the Ellis Education Services Portal. Immediately after a course is over, participants will receive an email from Ellis Education inviting them to complete a course evaluation survey. When the course evaluation survey is completed participants will be able to:

1. See their completed course grade on their personalized profile/ training record
 2. Access and download a copy of their credential (certificate/license).
 3. Access and download an updated transcript showing their training record, grades, and any eligible Continuing Education Units (CEUs) for the course.
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Time Standard:

9

CEU Record & Units:

.9 CEUs

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