



ELLIS & ASSOCIATES

International Aquatic Safety & Risk Management Consultants

Course Syllabus

Course Name:

vanGUARD Blended

Course Description:

.7 IACET CEUs, vanGUARD Aquatic Leadership Blended Course is an aquatics facility supervisor course designed to develop lifeguard supervisors and meet the Model Aquatic Health Code Section 6.2.2. Lifeguard Supervisor Training Elements required. This is a two-part course where students complete an online module as a prerequisite to attending the in-classroom portion of the course. Upon completion of all chapters and the chapter assessments, students will attend a scheduled hands-on, interactive classroom session filled with exercises, drills and practical simulated situations designed to reinforce content delivered in the online module. Exercises and activities are designed to enhance knowledge in aquatics supervisory skills. During the classroom session, students will be working in the pool for some exercises and in roleplaying activities in an aquatic facility. This blended course covers important themes such as the role of the aquatic facility supervisor, being preventative to reduce risks and mitigate health and safety hazards in an aquatic facility and applying four critical actions when supervisors respond to emergencies in an aquatic facility. Students will learn how to inspect emergency rescue equipment, develop and evaluate lifeguard zone of protection® areas and hold lifeguards accountable to maintaining a standard of care in those zone of protection® areas with E&A's zone validation® process. Students will identify human factors that impact water quality and clarity upkeep and evaluate support techniques that supervisors and lifeguards can apply to reduce risks and mitigate health and safety hazards. Course completion includes concluding all online chapter assessments successfully and active participation the classroom session designed exercises and activities in the aquatic facility.

Prerequisites:

1. Persons enrolling in vanGUARD: Aquatics Leadership Blended Course should be at least 18 years of age.
 2. Candidates must possess a current or past lifeguard course credential and have at least 3 months of lifeguarding experience.
 3. Students must be able to speak English verbally.
 4. Course tuition fee must be paid in full before the beginning of the first scheduled date of the class.
 5. Students must possess access to the course materials (online module, electronic student workbook & eBook) prior to being admitted into the course.
 6. Students will need access to a desktop computer, laptop computer or tablet with internet access for a sustainable period of time to complete a 4-hour module.
 7. Student computers or tables must also have access to adobe PDF reader to obtain course materials.
 8. Prior certification in lifeguarding and / or in First Aid and Healthcare Provider level CPR/AED training will enhance the learning experience in some modules that directly relate to skills in the aforementioned training program.
 9. Students attending the classroom session must complete the online module before arriving to the first scheduled classroom session.
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Outcomes:

Students will be able to

1. Explain the various responsibilities of the aquatics facility supervisor.
2. Describe how the 10/20 Protection Standard™ and lifeguard scanning can reduce risks and mitigate health and safety hazards.

3. Identify how to design and evaluate lifeguard Zone of Protection® area(s) for an aquatic venue applying E&A's Zone Validation® process.
4. Apply basic safety approaches to everyday situations to be preventative and reduce overall facility risks.
5. Recall the factors that impact water chemistry and clarity.
6. Recognize methods to support water quality upkeep as an aquatic facility supervisor.
7. Interpret how to use human senses to evaluate potential pool water quality issues to reduce risks and eliminate hazards.
8. Evaluate how training and other methods relate to holding lifeguard accountable.
9. Apply the four critical actions that supervisors perform during facility emergencies.

Evaluation:

- Completing the online module and all chapter review assessment questions
- Attending all scheduled classroom sessions
- Successful demonstration of skills through participation in exercises, games, and activities.
- Satisfactory performance of role plays, emergency simulations, drills and exercises

Time Standard:

6.5

CEU Record & Units:

.7 CEUS

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