



ELLIS & ASSOCIATES

International Aquatic Safety & Risk Management Consultants

Course Syllabus

Course Name:

Lifeguard Instructor

Course Description:

2.6 IACET CEUS --A course designed for individuals currently licensed in the ILTP, Course Lifeguard Program. The course is a comprehensive training program Description that promotes objective driven and performance based training and synopsis for individuals wishing to teach and instruct the ILTP, curricula.

ILTP, Instructor Course is a single, integrated curriculum that includes instructor training in ILTP, aquatic rescue techniques, First Aid, Health Care Provider CPR, Emergency Oxygen Support, and Automated External Defibrillation as a first responder. This hands-on course teaches how to instruct and assess each concept taught in the lifeguarding course and requires at least two teaching demonstrations of concepts and/or skills in the ILTP, lifeguard course curriculum and how to instruct vanGUARD, an Aquatics Leadership Course. Students will perform on deck and in water simulations, drills and exercises. Students will perform rescue techniques as an individual and multiple rescuers.

The New ILTP, Lifeguard Instructor certificate is issued immediately following successful completion of course and is valid for 2 years.

Prerequisites:

- Must be at least 18 years old and possess a current ILTP, lifeguard license or course completion credential.
 - Students must have a copy of the ILTP, Training Standard and course materials.
 - Be able meet course prerequisites of swimming 200 yards and retrieve a 10lb brick from the bottom of a pool in water depths up to 16 feet and tread without using hands for at a two-minute period.
 - Pay registration and tuition fee before entering the course
 - Must review and bring course materials to the course
 - Must have a laptop or electronic tablet to access vanGUARD course materials and e-workbooks with adobe's acrobat reader.
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Outcomes:

In this course students will be able to:

1. Express and describe in one's own words the 10/20 Protection Standard and how it relates to the drowning process.
2. Illustrate and apply all ILTP Lifeguard aquatic rescue, CPR and first aid skills properly as a single and multiple rescuer.
3. Identify the proper methods to instruct, evaluate and test a lifeguard candidate's understanding of and ability to perform concepts and skills within the ILTP, program curricula content for the appropriate type of aquatic environment and water depth for each course.
4. Design and plan ILTP, lifeguard course lessons for multiple concepts and skills by applying the E&A administrative policies and procedures with the ILTP, curriculum content to a teaching demonstration.
5. Perform teaching demonstrations of skills within the ILTP, Lifeguard course.
6. Recognize and discuss E&A's Instructor Administrative Policies and Procedures for teaching in the ILTP, program and vanGUARD :Aquatics Leadership Training (Blended Course)
7. Describe the course materials and explain how to teach the vanGUARD: Aquatics Leadership Training

Evaluation:

- Attending all scheduled classes
- Achieving a score of 80% or higher on the course written exam and a score 80% or higher on Lifeguard Instructor Administrative Exam.
- Completing all items and skills provided in the Skills Competency Workbook successfully.
- Achieving satisfactory evaluations for each performed teaching demonstration of the assigned ILTPâ„¢ Lifeguard curriculum concepts or skills

Note: Student records are updated within fifteen (15) days after the last scheduled class for the course.

Â Students may access anÂ updated training record when receiving an invitation to take aÂ course evaluation survey by logging into the EllisÂ Education ServicesÂ Portal.

Time Standard:

26

CEU Record & Units:

2.6

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