



ELLIS & ASSOCIATES

International Aquatic Safety & Risk Management Consultants

Course Syllabus

Course Name:

Community CPR/AED & Standard First Aid

Course Description:

This is a course for the general community desiring national CPR/AED and Standard (Basic) First Aid certification at the community level. The course is a comprehensive educational program promoting objective driven and performance based training that has an integrated curriculum. The curriculum's first aid component includes training in scene and victim assessment, caring for injuries, caring for medical emergencies, injury prevention, and emergency moves. The curriculum's CPR component includes training in adult and pediatric CPR, using an automated external defibrillation (AED), caring for airway obstruction, and preventing and caring for heart attack and stroke. This course satisfies the required medical content defined by the Occupational Safety and Health Administration (OSHA) for workplace CPR/AED & Standard First Aid training. The course is ideal for individuals seeking certification for job requirements, as well as those just desiring to learn lifesaving skills and information. This hands-on course covers content defined by the International Liaison Committee on Resuscitation (ILCOR), and promulgated through the publication of the "CPR and ECC Guidelines 2015" by the American Heart Association. Students receive the most current content through a variety of educational methods, and must practice the required lifesaving skills on manikins and through simulations, drills and exercises to earn certification cards.

Prerequisites:

There are no prerequisites for this course. Participants must be registered and have access to the course materials prior to taking the course.

Outcomes:

Participants in this course will be able to:

- Identify and demonstrate how to provide care for adults and pediatric aged persons experiencing respiratory distress and arrest.
 - Identify and demonstrate how to provide care for adults and pediatric aged persons experiencing an obstructed airway.
 - Identify the signs and symptoms for a person in respiratory or cardiac distress.
 - Demonstrate and perform the proper rescue techniques for assisting adult and pediatric patients with cardiac arrests. CPR.
 - To demonstrate how and when to properly use an Automated External Defibrillator for adult and pediatric patients.
 - Describe how to conduct a primary and secondary check to assess a victim.
 - Identify various injuries and demonstrate the proper steps to render care.
 - Identify life threatening medical emergencies and demonstrate the proper steps to render care.
 - Describe how to prioritize care in situations where there are more victims than rescuers.
 - Describe how to safely move victims in emergency situations.
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Evaluation:

Successful evaluation includes:

- Attending all scheduled sessions
- Complete all required course skills identified for certification.
- Completion of skill performance sheets until mastery is achieved
- Successful participation in team management simulations and in a group cognitive review

Note: Student records are updated within fifteen (15) days after the last scheduled class for the course. Students may access an updated training record when receiving an invitation to take a course evaluation survey by logging into the Ellis Education Services Portal. Immediately after a course is over, participants will receive an email from Ellis Education inviting them to complete a course evaluation survey. When the course evaluation survey is completed participants will be able to:

1. See their completed course grade on their personalized profile/ training record
2. Access and download a copy of their credential (certificate/license).
3. Access and download an updated transcript showing their training record, grades, and any eligible Continuing Education Units (CEUs) for the course.

Time Standard:

4

CEU Record & Units:

.4 CEUS

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