

Course Name: Water Safety Plus

Duration: 8.00

CEUs: 0.80

Description:

This course is designed for participants who are not lifeguards but yet work in an aquatic facility. This program is intended for individuals who may be responsible for responding to assist with aquatic emergencies while on the job. The course provides participants with the basic knowledge and skills to be effective working as a supplemental responder with a lifeguard or lifeguard team and provides an overview of Aquatic Risk Management practices for unguarded facilities. Students in this course will gain a basic understanding of how to assist a trained lifeguard during an aquatic emergency, and review some of the best practices used for individuals working at unguarded facilities. Topics reviewed include basic risk management practices, the importance of the supplemental responder role to a facility's overall emergency action plan and risk management, the importance of quality documentation as it relates to risk management for an aquatic facility, and how to work closely with EMS officials during emergencies. Enrolled students will actively participate in practical exercises and role-playing scenarios. This course is not a stand-alone lifeguard course and does not certify lifeguard candidates. Ideal participants for this program are individuals working in aquatic facilities that are not certified lifeguards, however, they find themselves in a position where they respond to aquatic incidents in their facility as part of their emergency action plan. This would include therapists, pool attendants, recreation aides, teachers, instructors, coaches, volunteers, home owner residents, front desk staff, maintenance, security, and Sports & Leisure personnel among others.

Audience:

Persons working in aquatic facilities who are not lifeguards but may be responsible for responding to assist with aquatic emergencies and/or to supervise and assist guests participating in aquatic activities.

This class is designed for individuals such as therapists, pool attendants, recreation aides, teachers, instructors, coaches, volunteers, home/residents owners, front desk staff, maintenance, security, and Sports & Leisure personnel working in aquatic facilities who are not certified lifeguards, however, they find themselves in a position where they are accountable and responsible to respond to aquatic incidents as part of their emergency action plan.

Prerequisites:

Candidates should:

- Possess a current Health Care Provider Level CPR or layperson CPR/ AED Course Completion Certificate prior to participating in Water Safety Plus.
- Be comfortable in and around the water, be reasonably healthy, and willing and able to perform the skills presented in this course
- Have basic swimming abilities
- Be able to demonstrate the ability to safely enter and exit the pool or aquatic attraction at any point around the perimeter of the pool with and without the use of stairs or a ladder.
- Be able to demonstrate the ability to recover an object from the bottom of the deepest part of the pool or aquatic venue
- Be able to swim the length (longest distance) of the applicable pool or aquatic venue

Evaluation:

Successful evaluation standards include:

- Attending all scheduled sessions
- Actively participating in practical exercises, simulations, role plays and creative exercises
- Completion of class assignments

- Conducting oneself professionally during the course

Note: Participant records are updated within fifteen (15) days after the last scheduled class for the program. You may access your updated training record after receiving an invitation via SMS/email from Ellis Education Services to complete a class evaluation survey. Upon completion of the class evaluation survey, you will be able to:

1. View your updated student record with the completed class listing
2. Access your training credential (certificate / license)
3. Purchase any eligible CEUs associated with the program
4. Access and print a copy of your updated training record showing all training history and CEUs by using the Print Screen feature in the Portal

Outcomes:

Students will be able to:

1. Define basic Aquatic Risk Management concepts, duties, and best practices and list hazards commonly found at an Aquatic Facility.
2. Identify common prevention strategies for eliminating or reducing risk at an Aquatic Facility.
3. Prepare a written Supervision Plan for an Aquatic Facility.
4. Formulate and/or Evaluate an Emergency Action Plan (EAP) for an Aquatic Facility.
5. Describe how to recognize aquatic and non-aquatic emergencies at an Aquatic Facility
6. Manage aquatic and non-aquatic emergencies until EMS arrives in a supplemental responder role.
7. Formulate a comprehensive plan for proactive guest protection based on the basic principles of risk management.
8. Identify and practice using standard aquatic safety equipment.

Expectations:

Candidates seeking to receive a Course Completion Card in the E&A Water Safety Plus Course *must successfully meet all* course prerequisites as outlined in the Jeff Ellis & Associates` Water Safety Plus Student Manual before being admitted into the course.

- Candidates *must attend all* training sessions to be eligible for Course Completion.
- Candidates *must have a personal copy* of the Water Safety Plus Student Manual in order to participate in the course and receive completed training credentials. A credential cannot be issued to anyone who does not possess a personal copy of the training standard.
- Candidates will be officially enrolled in Water Safety Plus after successfully meeting the course prerequisites, obtaining course materials and paying the appropriate course tuition.
- Candidates *must pay* the appropriate course tuition fee prior to being admitted into the first scheduled class.

E&A's Water Safety Plus tuition fees *are not* refundable. A facility use fee may be assessed to candidates at some training locations. **These fees are not paid to Ellis & Associates.**

Suggested preparation:

1. Prior to arriving to the first scheduled class, read and review all course materials.
2. Complete all review questions in the course materials before the first scheduled class.

Additional information:

In order to assist you to prepare for participation in this course, we have listed suggestions for your consideration below.

Please review this information and ask your course instructor for clarification of any information that you do not clearly understand.

1. Be on time to every class period. Your instructor takes attendance at the beginning of every class. Instructors will not permit you to enter the class after the scheduled starting time.
2. Learning can best be accomplished if you are comfortable during training. We strongly suggest that you bring along suitable clothing to keep you warm. The nature of this training requires candidates to be in and out of the water several times during each class period. Bring extra clothing to class so that you will remain warm and comfortable.
3. Candidates should bring along a pen or pencil to every class session. We also recommend that you read your course textbooks, complete the Candidate Review Document prior to attending your first class.
4. The Water Safety Plus course requires that candidates participate in vigorous physical training. You must be in good physical condition to participate. If you have any health related problems that might present a health or safety hazard while participating in training, please notify your instructor prior to enrolling.
5. You may be required to seek the opinion of your medical doctor before being permitted to enroll.
6. The continued rescue readiness and “Skill Level Maintenance” of **ILTP™ Course Completion Candidates** is the responsibility of the student and/ or the owner/operator/employer exclusively. While it is not possible for **Ellis & Associates** to supervise E&A Water Safety Plus candidates trained in the **course when working at their facility**, it is important for you to clearly understand your responsibility and duty while performing Water Safety Plus services for your employer.
7. **Ellis & Associates** does not employ, supervise or terminate the Water Safety Plus candidates it trains. However, it does randomly audit the performance of **Water Safety Plus candidates** as part of the **E&A Comprehensive Aquatic Risk Management Program** to aid your employer in reducing the risk of aquatic or drowning accidents.
8. Possessing a Water Safety Plus Course Completion card does not guarantee employment as a supplemental responder.
9. Your course instructor is an official representative of **Ellis & Associates**.
10. For your health and safety, we suggest that you eat light energy foods and avoid anything that might make you ill during class. Training activities are demanding and therefore your diet should reflect prudent judgment with regard to your eating habits. In addition, if your class is taught out of doors, bring along suitable protection for exposure to sun and wind. We also recommend that you bring along sunglasses, hat/visor, and sunscreen lotion.
11. Candidates will also be judged on maturity, demeanor, and attentiveness during your class. Your course instructor has the final word in determining who passes the course and receives a **E&A Water Safety Plus Course Completion Card for being a Supplemental Responder**.