

Syllabus

Course Name: vanGUARD Blended

Duration: 5 hours **CEUs:** 0.50 **Description:**

vanGUARD Aquatic Leadership Blended Course is an aquatics facility supervisor course designed to develop lifeguard supervisors and meet the Model Aquatic Health Code Section 6.2.2. Lifeguard Supervisor Training Elements required. This is a two part course where students complete an online module as a prerequisite to attending the in-classroom portion of the course. Upon completion of all chapters and the chapter assessments, students will attend a scheduled hands-on, interactive classroom session filled with exercises, drills and practical simulated situations designed to reinforce content delivered in the online module. Exercises and activities are designed to enhance knowledge in aquatics supervisory skills. During the classroom session, students will be working in the pool for some exercises and in roleplaying activities in an aquatic facility. This blended course covers important themes such as the role of the aquatic facility supervisor, being preventative to reduce risks and mitigate health and safety hazards in an aquatic facility and applying four critical actions when supervisors respond to emergencies in an aquatic facility. Students will learn how to inspect emergency rescue equipment, develop and evaluate lifeguard zone of protection® areas and hold lifeguards accountable to maintaining a standard of care in those zone of protection® areas with E&A's zone validation® process. Students will identify human factors that impact water quality and clarity upkeep and evaluate support techniques that supervisors and lifeguards can apply to reduce risks and mitigate health and safety hazards. Course completion includes concluding all online chapter assessments successfully and active participation the classroom session designed exercises and activities in the aquatic facility.

Audience:

- Lifeguard supervisors and Individuals who have any management or supervisory responsibilities, or those who are seeking to gain insight into and the skills needed to become a manager/supervisor, at an aquatic facility, and who are at least 18 years of age.
- Individuals who have successful completion of a lifeguard, training course in the past and have actively lifeguarded for at least 3 months and persons with the ability to effectively communicate verbally in English.
- Students must also possess a previous and/or current certification in lifeguarding and/or in First Aid and Healthcare Provider level CPR/ AED training since content in the course has enhanced learning experiences relating directly to those skills.

Prerequisites:

- ?Persons enrolling in vanGUARD: Aquatics Leadership Blended Course should be at least 18 years of age. should be at least 18 years of age.
- Candidates must possess a current or past lifeguard course credential and have at least 3 months of lifeguarding experience.
- Students must be able to speak English verbally.
- Course tuition fee must be paid in full before the beginning of the first scheduled date of the class.
- Students must possess the course materials (electronic student workbooks) prior to being admitted into the course.
- Students will need access to a computer, internet for a sustainable period to complete a 4-hour module and have access to adobe PDF reader to obtain course materials.
- Prior certification in lifeguarding and / or in First Aid and Healthcare Provider level CPR/AED training will enhance the learning experience in some modules that directly relate to skills in the aforementioned training program.
- Students attending the classroom session must complete the online module before arriving to the first scheduled classroom session.

Evaluation:

Successful completion includes:



Syllabus

- Completing the online module and all chapter review assessment questions
- Attending all scheduled classroom sessions
- · Successful demonstration of skills through participation in exercises, games, and activities
- Satisfactory performance of role plays, emergency simulations, drills and exercises

Note: Participant records are updated within fifteen (15) days after the last scheduled class for the program. You may access your updated training record after receiving an invitation via SMS/email from Ellis Education Services to complete a class evaluation survey. Upon completion of the class evaluation survey, you will be able to:

- 1. View your updated student record with the completed class listing
- 2. Access your training credential (certificate / license)
- 3. Purchase any eligible CEUs associated with the program
- 4. Access and print a copy of your updated training record showing all training history and CEUs by using the Print Screen feature in the Portal

Outcomes:

Students will be able to

- 1. Explain the various responsibilities of the aquatics facility supervisor.
- 2. Describe how the 10/20 Protection StandardTM and lifeguard scanning can reduce risks and mitigate health and safety hazards.
- 3. Identify how to design and evaluate lifeguard Zone of Protection® area(s) for an aquatic venue applying E&A's Zone Validation® process.
- 4. Apply basic safety approaches to everyday situations to be preventative and reduce overall facility risks.
- 5. Recall the factors that impact water chemistry and clarity.
- 6. Recognize methods to support water quality upkeep as an aquatic facility supervisor.
- 7. Interpret how to use human senses to evaluate potential pool water quality issues to reduce risks and eliminate hazards.
- 8. Evaluate how training and other methods relate to holding lifeguard accountable.
- 9. Apply the four critical actions that supervisors perform during facility emergencies.

Expectations:

- Students can expect to complete the online portion of this class independently before arriving to the classroom session.
- Learners should anticipate a highly engaging, interactive, classroom session with many activities and exercises moving at a quick pace reviewing content instructed in the online module.
- Students will be in and out of their seats often and their participation is expected for course completion.

Suggested preparation:

- Print or bring along any student materials issued for the classroom portion of the course.
- Read and review the vanGUARD: Aquatics Leadership Student eBook and complete the chapter review questions during the online module content.
- Dress in comfortable for the classroom session as students will be in and out of the aquatic facility participating in practical roleplay exercises and zone design activities.
- Because students will be in and out of the water for some exercises during the classroom session it is advised that students bring along a swimsuit and change of clothes.
- Some aquatic facility sessions may be outdoors and students should be prepared for all types of weather exposure. Bring proper UV protection if outdoors and or any other weather related uniform needs for comfort.



Syllabus

• If using an electronic device for note taking, please bring a charging cable.