

**Course Name: Community CPR/AED & Standard First Aid**

**Duration:** 4.00

**CEUs:** 0.40

**Description:**

This is a course for the general community desiring national CPR/AED and Standard (Basic) First Aid certification at the community level. The course is a comprehensive educational program promoting objective driven and performance based training that has an integrated curriculum. The curriculum's first aid component includes training in scene and victim assessment, caring for injuries, caring for medical emergencies, injury prevention, and emergency moves. The curriculum's CPR component includes training in adult and pediatric CPR, using an automated external defibrillation (AED), caring for airway obstruction, and preventing and caring for heart attack and stroke. This course satisfies the required medical content defined by the Occupational Safety and Health Administration (OSHA) for workplace CPR/AED & Standard First Aid training. The course is ideal for individuals seeking certification for job requirements, as well as those just desiring to learn lifesaving skills and information. This hands-on course covers content defined by the International Liaison Committee on Resuscitation (ILCOR), and promulgated through the publication of the "CPR and ECC Guidelines by the American Heart Association. Students receive the most current content through a variety of educational methods, and must practice the required lifesaving skills on manikins and through simulations, drills and exercises to earn certification cards.

**Prerequisites:**

There are no prerequisites for this course. Participants must be registered and have access to the course materials prior to taking the course.

**Evaluation:**

Successful evaluation includes:

- Attending all scheduled sessions
- Complete all required course skills identified for certification.
- Completion of skill performance sheets until mastery is achieved
- Successful participation in team management simulations and in a group cognitive review

**Note:** Participant records are updated within fifteen (15) days after the last scheduled class for the program. You may access your updated training record after receiving an invitation via SMS/email from Ellis Education Services to complete a class evaluation survey. Upon completion of the class evaluation survey, you will be able to:

1. View your updated student record with the completed class listing
2. Access your training credential (certificate / license)
3. Purchase any eligible CEUs associated with the program
4. Access and print a copy of your updated training record showing all training history and CEUs by using the Print Screen feature in the Portal.

**Outcomes:**

Participants will be able to:

1. Describe basic life support and identify legal considerations when providing emergency care
2. Recognize examples for medical conditions that require the need to call 911 for emergency services.
3. List steps to take for preventing disease prevention when rendering first aid care.
4. Identify and demonstrate how to provide care for adults and pediatric aged persons experiencing respiratory distress and arrest.

5. Identify and demonstrate how to provide care for adults and pediatric aged persons experiencing an obstructed airway.
6. Identify the signs and symptoms for a person in respiratory or cardiac distress.
7. Demonstrate and perform the proper rescue techniques for assisting adult and pediatric patients with cardiac arrests. CPR.
8. To demonstrate how and when to properly use an Automated External Defibrillator for adult and pediatric patients.
9. Describe how to conduct a primary and secondary check to assess a victim.
10. Identify various injuries and demonstrate the proper steps to render care.
11. Identify life threatening medical emergencies and demonstrate the proper steps to render care.
12. Describe how to prioritize care in situations where there are more victims than rescuers.
13. Describe how to safely move victims in emergency situations

**Expectations:**

Arrive on time for each scheduled session.

Wear comfortable clothing. This is an active hands on course. Participants will be moving a lot during this course. Participants may be working on hard surfaces such as training room floors or pool patio deck areas when conducting simulations. Expect frequent movement during the course when conducting simulation rescue exercises during practical exercises.

**Suggested preparation:**

Review program syllabus materials before the first scheduled class.

This is an interactive class. You will be moving around often, please dress comfortably for the class.