

Course Name: Community CPR & AED

Duration: 2.00 **CEUs:** 0.20 **Description:**

This is an accredited CEU course available for the general community desiring to possess a national CPR/AED certification at the level of "Community CPR and AED." This course is a comprehensive educational program promoting objective driven and performance based training for individuals seeking certification for job requirements, as well as those just desiring to learn lifesaving skills. This course is a single, integrated curriculum that includes training in adult and pediatric CPR, automated external defibrillation (AED), airway obstruction, and heart attack/stroke prevention and emergency care. This hands-on course covers medical content defined by the International Liaison Committee on Resuscitation (ILCOR), and promulgated through the publication of the "CPR and ECC Guidelines by the American Heart Association. Students receive the most current content through a variety of educational methods, and must practice the required lifesaving skills on manikins and through simulations, drills and exercises to earn certification cards.

Audience:

Persons interested in obtaining or in need of a national CPR/AED certification and individuals working as first responders, lifeguards, in hospitality, at academic institutions, in health and fitness clubs, at community pools, parks, daycares, and recreation, home owner association clubs or any work place that requires a first aid & first responder course to satisfy an OSHA workplace safety training requirement are ideal candidates to participate in this course.

Prerequisites:

There are no real prerequisities to this course. Ideally students should have access to a computer or mobile device with internet and email/ SMS access to receive and access electronic to program materials in the Ellis Education Services Portal.

Evaluation:

Students must attend the entire 2 hour course, completing all required course skills satisfactorily. Skills are practiced and remediated using detailed skill performance sheets for 7 skills required to be mastered for certification. Team management simulations are also utilized. A final written group cognitive assessment is provided that tests the lesson objectives, is consistent with the ILCOR content, and similar in structure, detail, and format of other national training organizations (e.g. American Heart Association).

Successful evaluation includes:

- Attending all scheduled sessions
- Complete all required course skills identified for certification.
- · Completion of skill performance sheets until mastery is achieved
- Participation in team management simulations
- Completion of a final group cognitive assessment addressing the learning outcomes.

Note: Participant records are updated within fifteen (15) days after the last scheduled class for the program. You may access your updated training record after receiving an invitation via SMS/email from Ellis Education Services to complete a class evaluation survey. Upon completion of the class evaluation survey, you will be able to:

- 1. View your updated student record with the completed class listing
- 2. Access your training credential (certificate / license)
- 3. Purchase any eligible CEUs assoicated with the program
- 4. Access and print a copy of your updated training record showing all training history and CEUs by using the Print Screen



Syllabus

feature in the Portal.

Outcomes:

Participants will be able to:

- 1. Describe basic life support and identify legal considerations when providing emergency care
- 2. Recognize examples for medical conditions that require the need to call 911 for emergency services.
- 3. List steps to take for preventing disease prevention when rendering first aid care.
- 4. Identify and demonstrate how to provide care for adults and pediatric aged persons experiencing respiratory distress and arrest.
- 5. Identify and demonstrate how to provide care for adults and pediatric aged persons experiencing an obstructed airway.
- 6. Identify the signs and symptoms for a person in respiratory or cardiac distress.
- 7. Demonstrate and perform the proper rescue techniques for assisting adult and pediatric patients with cardiac arrests. CPR.
- 8. To demonstrate how and when to properly use an Automated External Defibrillator for adult and pediatric patients.
- 9. Describe how to conduct a primary and secondary check to assess a victim.

Expectations:

Students can expect to:

- 1. Participate in a well structured, engaging course that blends cognitive and practical skills required for certification at the layperson level of CPR and AED training.
- 2. Master the content required for certification at this level of training.

Suggested preparation:

Students should follow these guidelines in preparation for the class:

- 1. Be on time. You may not be permitted to enter the class once it is underway.
- 2. Wear comfortable clothing. The class requires physical exertion.
- 3. Bring a device for the purpose of keeping notes.
- 4. Review your course textbook prior to attending the class whenever possible.
- 5. Be attentive and participate in all activities.
- 6. Be prepared to take a practical examination and participate in a group cognitive review.